

FACILITATOR UPDATES

The following material includes the most essential changes to the new reprint of the Facilitator Workbook. Some are tiny technical details or bits of new ideas. Others are my current thinking on what it is to be a facilitator of Touch Drawing. Please read it and add it to your workbook as an addendum.

DRAWING BOARDS (page 3-2)

Sometimes people have trouble with brand new drawing boards. The paint can get blotchy from being rolled onto such a slick surface. To avoid this, you might like to roll a smooth layer of paint onto new boards and let them dry before having people use them. This 'seasons' the board, making a wonderfully responsive surface to draw on. Another way to make the boards less slick for the first time they are used is to lightly sand the surface.

SUGGESTIONS TO OFFER WHILE PEOPLE DRAW (page 5-3)

- Spend a few moments gazing at the page. Be open to 'seeing' an image in the paper or the patterns of ink that bleed through. Or doing a gesture on the page and stop to look at it. In this approach, you may have the feeling that the image is revealing itself to you. It is like gazing at clouds and seeing pictures in them. Bring out what you 'see' on the paper through the touch of you fingertips.
- Think of a person or situation in your life that you would like to be supportive of in some way. Draw in a spirit of 'offering' or 'healing' This approach brings in a spirit of drawing *in service* to others. You may like to give these drawings to the appropriate people.

MOUNTING AND ADDING COLOR TO DRAWINGS (page 10-2)

Using Acrylic Medium: This is available at any art supply store. With a large paintbrush or sponge brush, cover the surface of the mounting board with the medium. Then gently lay the drawing on top of the wet surface. It is easier if you have someone to help you lay it down, so it is stretched out and even. Put a clean sheet of tissue paper on top of the drawing to protect the wet paper while you rub gently from the center out. This adheres the paper to the board and pushes out air bubbles. Then take the clean sheet off. Another layer of acrylic medium can be painted over the surface of the drawing if you wish. This gives it a glossier finish. When the medium has dried, color can easily be added to the surface with pastels, chalks, markers, oil pastels, colored tissue paper, acrylics or oil paints.

HOW TO REPRESENT YOURSELF AS A FACILITATOR (12-1)

As of this time, there is no formal certification required to be a Touch Drawing facilitator. The flip side of this open approach is that you cannot say that you are *trained or certified* as a facilitator. I occasionally hear of people who are saying such things, and I really discourage this understanding. I cannot take responsibility for how someone else presents this process to others, especially when I have no way of knowing the quality of their facilitation skills.

If you have studied the workbook and followed the progression I suggest whereby you do it yourself, then share the process privately with peers before putting yourself out into the public, it is fine to refer to yourself as a facilitator of Touch Drawing. If you have taken a workshop with

me, or attended the Touch Drawing Gathering, you can say exactly that. The Gathering is not a facilitator training per se. It is the deepest experience of Touch Drawing that I offer, which can provide a foundation upon which you develop your own way of sharing it with others. You come to the facilitation of Touch Drawing with your own skills and gifts. People will want to work with you based on who you are, your specific area of expertise and your reputation within your community.

I am currently exploring the idea of developing a non-profit membership association for Touch Drawing Facilitators. This approach could provide a good middle-way. You could say that you are a professional member of the Association of Touch Drawing Facilitators. An Association would provide a clearer way for me to be supportive of your efforts. It would also be a context in which you could network with others and make your own contribution to Touch Drawing on an organizational level. Please contact me if you have interest in helping to make this a reality. I will not do this alone.

REPORT ABOUT YOURSELF & YOUR WORK FACILITATING (12-1)

I really want to know more about you and how you use Touch Drawing! Please send reports about significant experiences you have while facilitating. Your specific approach is a contribution to the overall development of this process. We particularly need new stories for our E-newsletter each quarter. An ideal offering would be a brief description of your professional background, the context in which you share Touch Drawing, and a specific story of an individual or group Touch Drawing experience. It would also be very helpful to have your new ideas to add to the 'Offerings' section of the Facilitator Workbook, as well as stories for public presentations and a future book or DVD. Whenever possible, please send writing via email.

SEND PHOTOGRAPHS (12-2)

Please send pictures along with your written reports. It would be wonderful to receive pictures of people doing Touch Drawing, or of someone holding up a drawing they have created. It is also helpful to receive photos of small sets of drawings, edited to communicate a transformational process. You could photograph each drawing individually or hang a group of drawings on the wall and photograph the whole set. Don't be afraid to put 'ugly' drawings in with the 'beautiful' ones. They are all equally valuable. Most important is that they are selected to communicate a transformational process.

SEND PERMISSION FORMS (12-2)

For both writing and photographs, please mail a signed copy of the Copyright Release Statement from the author, photographer, person who was photographed and/or whose artwork you send. A permission statement is included on the bottom of the Participant Feedback Form in the Reprints section. These stories and images can then be used in the E-newsletter, website, public presentations, DVD's and books.

STAY IN TOUCH WITH THE CENTER FOR TOUCH DRAWING (13-1)

I offer Touch Drawing freely to those who feel called share it with others. I have gathered as much information as I can into this Workbook and will continue to update it as my awareness of how to support facilitators grows. After integrating the information in this book, you are welcome to

contact The Center if you have further questions. Purchase of the Facilitator Workbook makes me aware that you have an active interest in sharing the process with others. I will keep you up-to-date on developments at The Center, and invite your feedback and involvement. I am even considering an occasional conference call for facilitators. Major additions to the Workbook will be emailed to you as they are written. We rarely use snail-mail any more. If you change your email address or move to a new locale, please send the changes or you will lose your connection to the Center.

A great way to stay in touch and connect with others of like mind is to check out our web site, www.touchdrawing.com. There you will find a special bulletin board for dialogue with other Touch Drawing Facilitators. The site also includes exciting stories of the ways in which Touch Drawing is impacting people's lives. The E-newsletter will bring you inspirational new stories as they emerge. I highly recommend that anyone who is seriously interested in facilitating Touch Drawing attend the Annual Touch Drawing Gathering at some point. The Gathering is the deepest experience I offer. It is where I find co-hearts in this sacred work. It is the hearth that holds the flame of inspiration and warms the community of Touch Drawing practitioners. Each year it has a unique spirit. Every year is magic! I would love to meet you there. Find out more about the Gathering on our website, or call the CFDT office.

PIPEDREAM CHIMES BY WOODSTOCK PERCUSSION (14-8)

These are very similar to the chimes Deborah uses in her workshops and recordings. The Pipedream is a beautiful sounding instrument anyone can play. Its resonant tones set a reflective mood. Precision tuned to a universal pentatonic scale, whatever you play sounds good! Because they are difficult to find, The Center for Touch Drawing has become a distributor for them. To order, go to www.touchdrawing.com and click on the Products page, or call 800-989-6334.



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